



IT MAY LOOK CUTE BUT IT'S NOT SAFE

KNOW MORE **about sofa sleeping** **with your baby**

The safest place for baby to sleep is in a cot in your room for at least the first 6 months

NEVER sleep on a sofa or chair with a baby.

Your baby could **suffocate** and / or **get trapped** between you and the sofa, or your baby could fall off the sofa

Local babies have died this way.

Keeping babies safer in the Black Country designed and developed by Dudley Council Public Health endorsed by Black Country CDOP

For more information go to <https://www.lullabytrust.org.uk/>

