



KNOW MORE about sofa sleeping with your baby

**The safest place for baby to sleep is in a cot in
your room for at least the first 6 months**

NEVER sleep on a sofa or chair with a baby.

Your baby could **suffocate** and / or **get trapped** between you
and the sofa, or your baby could fall off the sofa

Local babies have died this way.

Keeping babies safer in the Black Country designed and developed
by Dudley Council Public Health endorsed by Black Country CDOP

For more information go to <https://www.lullabytrust.org.uk/>

